



Baked Cheddar-Broccoli Rice Cups

Ingredients:

1 10 – ounce thawed broccoli
1 cup chicken stock
1 cup white rice
1/4 cup Ranch Dressing
2 eggs, lightly beaten
3/4 cup grated cheese (any of your favourite kind)
1/2 tsp salt and pepper – to taste

Directions:

Boil rice.

Move cooked rice to a bowl to cool for a minute.

Throw in all the ingredients, but only use 1/2 of the cheese.

Grease a 8 cup muffin tray and make balls accordingly, thereafter sprinkling the rest of cheese on top.

Put in the oven for 25 minutes and bake at 350 degrees – until golden and crisp.

[Elaine Boudier](#) shared [James R. Davis Sr.'s photo](#).