



I've got people still asking me for the SKINNY BROCCOLI SALAD recipe....so here it is again. Please don't forget to click on the word "share" below this post so it will end up on your facebook page you won't lose it.

SKINNY BROCCOLI SALAD
(This recipe came from my Weight Watchers page of healthier recipes.)

2 stalk(s) uncooked broccoli,
Chopped
1 head(s) (medium) uncooked

cauliflower, Chopped
1/2 cup(s) sweet red pepper(s), Chopped
1/2 cup(s) green pepper(s), Chopped
1 large fresh tomato(es), chopped
1/2 large uncooked red onion(s), Chopped
1 item(s) (large) large canned ripe black olive(s), 1 cup chopped
1/2 cup(s) low-fat shredded cheddar cheese
1 1/2 cup(s) fat free Ranch dressing (I changed the dressing to Ranch because I liked it better with Ranch.)

Instructions

Blanch the broccoli and cauliflower and then chop add everything in a large bowl add the dressing and toss. Place in the frig for four (4) hours and serve.

Borrowed this picture from www.ourcrazykitchen.com

[Petrova Tillery](#) shared [Michele, Your Pampered Chef Lady's photo](#).