



**SUGAR FREE FUDGE**  
Diabetic Friendly

**Ingredients**

2-8 OZ. PKGS REDUCED FAT CREAM CHEESE  
2-1 OZ SQUARES. UNSWEETENED CHOCOLATE-MELTED AND COOLED  
SUGAR SUBSTITUTE EQUAL TO 1 CUP SUGAR  
1 TEASPOON VANILLA  
1/2 CUP PECANS, CHOPPED

**DIRECTIONS:** In a small bowl, beat the cream cheese, chocolate, sweetener and vanilla until smooth. Stir in pecans. Pour into an 8-inch square pan lined with foil. Cover & refrigerate overnight. Cut into 16 squares. Serve chilled. Yields 16 servings. Serving size: 1 piece

Calories 17  
Total Fat 14g  
Saturated Fat 0g  
Sodium 84mg  
Protein 3g  
Carbohydrate 5g  
Cholesterol 31mg  
Fiber 0g  
Dietary Exchange 3 Fa

[Judy Otwell Estes](#) shared [Gail Kilman's photo](#).